

## I. APPLICANT

### Český korfbalový svaz z.s.

Organization name (English): Czech korfbal association  
Address: Zátokova 100/2, Praha, 16900, Czech Republic  
Statutory representative: Ing. Daniel Valeš  
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Coordinator of the project: Peter Bušík  
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## II. PROJECT PARTNERS

|   |                                    |
|---|------------------------------------|
| <b>Partner No. 1.</b>   |                                    |
| Name of the organization in its native language: Magyar Korfbal Szövetség   |                                    |
| Name of the organization in English: Hungarian Korfbal Association  |                                    |
| Address: Halász utca 1., Szentendre, 2000, Hungary  | Hungary                            |
| Statutory representative: Tegzes Dániel   | Organization ID No.: 19127684-1-13 |
| Registered VAT payer: no  | VAT Compensation: no               |
| Phone: +36305255648   | Fax:                               |
| E-mail: korfbal@korfbal.hu  | Website: www.korfbal.hu            |
| Role of the partner: Apply with 8 participants for the course from Hungary.   |                                    |
| Previous cooperation with project partner: National korfbal association of Hungary which is recognized by the International Korfbal Federation. Previous good relationships in organizing mutual matches of the both senior and youth national teams. |                                    |
| <b>Partner No. 2.</b>   |                                    |
| Name of the organization in its native language: POLSKI ZWIĄZEK KORFBALLU   |                                    |
| Name of the organization in English: Polish Federation of Korfbal   |                                    |
| Address: ul. BAGATELA, nr 10, lok. 10, WARSZAWA, 00-585, Poland   | Poland                             |
| Statutory representative: PIOTR EUGENIUSZ URBĄŃSKI  | Organization ID No.: 146096030     |
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| E-mail: PZKORF@KORFBALL.PL  | Website: www.korfbal.pl            |
| Role of the partner: Apply with 8 participants for the course from Poland.  |                                    |
| Previous cooperation with project partner: National korfbal association of Poland which is recognized by the International Korfbal Federation. Previous good relationships in organizing mutual matches of the both senior and youth national teams.  |                                    |
| <b>Partner No. 3.</b>   |                                    |
| Name of the organization in its native language: Slovenská asociácia korfbalu   |                                    |
| Name of the organization in English: Slovak Association of Korfbal  |                                    |
| Address: Makovického 6/2, Prievidza, 97101, Slovakia  | Slovakia                           |
| Statutory representative: Mgr. Martin Sonoga  | Organization ID No.: 31940668      |

|  |                         |
|--|-------------------------|
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| Role of the partner: Apply with 8 participants for the course from Slovakia.   |                         |
| Previous cooperation with project partner: National korfbal association of Slovakia which is recognized by the International Korfbal Federation. Previous good relationships in organizing mutual matches of youth national teams. |                         |

### III. PROJECT

#### 1. Project summary

Project title: Sport for all children

#### 2. Project key words

Project key words: korfbal, mixed-gender sport, gender equality, teaching respect, education course for beginners and trainers, active lifestyle, sport for everyone

#### 3. Project relevance/context

##### 3.1 Context

Sport generally fulfils social and commercial function. But sport has also more important tasks which aren't related with present commercial environment, and that is position educational, cultural, social and recreational. Sport also increases people's health and supports healthy lifestyle. However, due to the economical lobby, commercial sports are preferred, especially male sport is highlighted and female is in the background. These sports certainly fulfil the general function of sport, but aren't aimed at positive aspects of sport. This is tackled by less popular sports originated for simplification of education process. Korfbal belongs among this kind of sports. Unfortunately, these sports don't have a wider media attention yet and thus integration in society is more difficult.

##### 3.2 Solution

A main effort of this project focused on a teaching staff is presentation of korfbal as a sport which, unlike many other sports, is oriented to problems of gender equality and social inclusion. Korfbal, compared to the general role of sports, emphasizes basic educational and cultural values and shows a way of integration by addressing all prospects, regardless their gender, social status or sexual orientation. Korfbal originated as a mixed-gender sport for coeducation in P.E. lessons. It develops cooperation, tolerance for the less gifted (due to special rules) and strengthens social abilities. It doesn't divide genders as many other sports do. Teaching to respect differences between genders or between physically differently gifted players is a big advantage of korfbal for the future.

##### 3.3 Regional relevance

Czech Korfbal Association would like to provide gained experience from project School Korfbal for other partnership countries of V4. Expectation is to spread advantages of korfbal to other Visegrad countries in sense of gender and education in the area of primary school teaching. Nowadays, the most advanced countries are the Netherlands and Belgium, and that is in both sport performance and educational – methodical procedures. Progressive growth of a competitive group within V4 countries will bring in the future not only economical savings in organized activities, but eventually increase a prestige of the region.

#### 4. Target groups

| Target groups/ stakeholders  | Target group specification  | Value |
|------------------------------|---|-------|
| Teachers at primary schools. | Teachers interested in korfbal and its further implementation in their school activities. | 20    |

| Target groups/ stakeholders  | Target group specification   | Value |
|--|--|-------|
| Korfball trainers.   | Trainers of youth club teams or national selections.                           | 15    |
| Children and youth between 9 and 15 years of age. (Indirect target group.) | Children involved in korfball activities in schools or clubs after the course. | 900   |

## 5. Project objectives

### 5.1 Main project objective

Sharing the experience among the Visegrad countries. We learned by ourselves how to promote and spread korfball in the Czech Republic and we want to share our knowledge in the region.

This could bring better competition, cooperation within the region and also respect for other nationalities among young people and children.

### 5.2 Specific project objectives

| Objective   | Short explanation  |
|---|--|
| Teach the complete basics.  | All present trainers in korfball know it from how they played it or how they see it at international tournaments. However, they don't know what is the most effective way to train children in an exciting and entertaining way.                           |
| Learn the gender equality and cooperation                                 | Most of the sports are only one-gendered. Korfball as a mixed-gender sport teaches children and players the mutual respect between both genders. With a specific rule of guarding only one's own gender, korfball teaches also cooperation among children. |
| Learn to respect the weaker and less gifted and thus raise decent people. | With the specific rules, the smaller or weaker ones can effectively defend a taller or stronger ones. This teaches players and children to have respect for everybody else. We want to raise decent people, our goal isn't to produce top-class athletes.  |

## 6. Outputs (Deliverables): Products or events

| 1 Education course for trainers and teachers. (Event—Private), Brno, CZ   |                           |  |          |
|---|---------------------------|--|----------|
| 29/04/2017—19/06/2017   |                           |  |          |
| Trainers course with attendance of 32 trainers or teachers from V4 countries. Each country may enter up to 8 participants. Event taking place in the Czech Republic as the applicant of the project. 3 nights (4 days) course during an extended weekend. 2 foreign and 2 domestic lecturers. |                           |  |          |
| Budget category   | Budget subcategory        | Budget description   | Sum      |
| Transportation and postage  | Personal travel costs     | 2 cars from Slovakia, 1 from Prievidza (400 km), 1 from Nitra (450 km). 0,18€ per km.      | 150.00   |
| Transportation and postage  | Personal travel costs     | 2 cars from Hungary, 2 from Budapest (650 km per 1 car.). 0,18€ per km.                    | 235.00   |
| Transportation and postage  | Personal travel costs     | Flight tickets of 2 lecturers from the Netherlands.  | 300.00   |
| Accommodation and board   | Board and catering        | 40 persons, 3-times full-board. 12€ per day.   | 1,440.00 |
| Accommodation and board   | Accommodation             | 3 nights, 20€ per night 32 participants, 4 lecturers, 4 organizers, totally 40 persons.    | 2,400.00 |
| Rent and related technical services   | Rental costs              | Rent of a sporshall. 4 hours per day, 3 days, 35 € per hour.                               | 420.00   |
| Rent and related technical services   | Rental costs              | Rent of a presentation room. 8 hours a day, 3 days, 15 € per hour.                         | 360.00   |
| Printing/publishing costs   | Printing/publishing costs | Propagational and educational material.  | 180.00   |
| Transportation and postage  | Personal travel costs     | 2 cars from Poland, 1 from Warsaw (1100 km), 1 from Wroclaw (570 km). 0,18€ per km.        | 300.00   |
| Transportation and postage  | Personal travel costs     | 2 cars from Czech Republic, 1 from Ostrava (340 km), 1 from Prague (400 km). 0,18€ per km. | 133.00   |
| Transportation and postage  | Personal travel costs     | Transport from the airport + organizers. 450 km, 0,18€ per km.                             | 80.00    |
| Total   |                           |  | 5,998.00 |

## 7. Indicators

| Thematic result indicator                                 | Measurement unit   | Target value | Explanations  |
|---|--------------------|--------------|---|
| Trained person.   | Number of persons. | 32           | Number of people who will take part in the education course.  |
| New primary and secondary schools starting with korfball. | Number of schools. | 32           | Each trainee (participant of the course should introduce and start korfball at least at one new school. |

| Thematic result indicator             | Measurement unit   | Target value | Explanations   |
|---------------------------------------|--------------------|--------------|--|
| New people staying active in korfbal. | Number of persons. | 32           | The education course is focused on new people coming to korfbal, so if every participant will start new activities and stay by the sport of korfbal, that will be a big success. |

## 8. Risks and mitigation strategies

| Risk   | Mitigation strategy   |
|--|---|
| Low number of applicants and participants on the course. | Scheduling course on free weekends according to competition schedules in each country. Free application and fully covering expenses for final participants of the course.   |
| Low motivation to participate at course.                 | Present korfbal as an unique sport which everybody can play or get involved. Prepare a special topic to discuss at the course about which nobody doesn't know a lot. Invite a foreign expert (mostly from the Netherlands). |

## 9. Mission

The main goal of our sport is in teaching respect and tolerance, everything while leading a healthy lifestyle. Korfbal teaches respect for the other gender, as with its basic rule boys can guard only boys and girls can guard only girls, it is forbidden to hinder the opposite gender. With a special rule of "defended shot", the smaller or weaker ones can effectively defend the taller or stronger ones respectively. And finally, as it is not allowed to run or dribble with the ball in one's hand, korfbal supports the cooperation within a team, there is no place for a solo-play. With all these rules, korfbal teaches children from the very beginning to respect the other gender, to cooperate with other gender and teammates and also to tolerate smaller or less skillful children.

## 10. Experience

For the last 3 years, the Czech Korfbal Association started a project School korfbal. Its main goal is introduction of the sport to primary schools, recently also secondary schools. School representatives further could decide if they want to involve korfbal in their education process and also join school tournaments. In those 3 years, we introduced korfbal to approximately 4000 children. Out of them, 500 are now active in official korfbal competitions. Every year we are able to address more than 1000 new pupils. However, the demand by new schools still raises and it starts to exceed our capacity. Therefore we want to spread our experience not only with Czech teachers, but also with trainers, teachers and korfbal enthusiast from other Visegrad countries.

## 11. Continuation

After the project will be finished, participants of the course should bring their new knowledge into their own countries, clubs or schools. There will be further communication net among these trainers and teachers, so they could talk about their progress or implemented methods. In addition, they could discuss following steps in their advance process with the lecturers of the course. As a comparison of results in applying new experience, there will be international tournaments for youth teams where all 4 countries can compete. These events could include youth national teams, so another aspect of respect would be included, respect for foreign youngsters. There is also a desire to introduce future cooperation specialized for national teams or clubs by creating a "Visegrad Korfbal League".

## IV. PHASES

### 1. Implementation period: 01/03/2017–04/08/2017

### 2. Project phases

| Phase                 | Description of the phase   |
|-----------------------|--|
| 01/03/2017—31/03/2017 | Planning specific project execution, exact dates and its main event. Inviting lecturers. |

| Phase                 | Description of the phase  |
|-----------------------|---|
| 03/04/2017—28/04/2017 | Start application process for participation at the course. Inviting participants. |
| 29/04/2017—19/06/2017 | The event - coaching course taking place in this period.                          |
| 19/06/2017—14/07/2017 | Project evaluation.   |
| 17/07/2017—04/08/2017 | Project reporting.  |

## V. BUDGET

|   |                           |                 |
|---|---------------------------|-----------------|
| <b>Accommodation and board</b>              |                           | <b>3,840.00</b> |
| Education course for trainers and teachers. | Board and catering        | 1,440.00        |
| Education course for trainers and teachers. | Accommodation             | 2,400.00        |
| <b>Printing/publishing costs</b>            |                           | <b>180.00</b>   |
| Education course for trainers and teachers. | Printing/publishing costs | 180.00          |
| <b>Rent and related technical services</b>  |                           | <b>780.00</b>   |
| Education course for trainers and teachers. | Rental costs              | 420.00          |
| Education course for trainers and teachers. | Rental costs              | 360.00          |
| <b>Transportation and postage</b>           |                           | <b>1,198.00</b> |
| Education course for trainers and teachers. | Personal travel costs     | 150.00          |
| Education course for trainers and teachers. | Personal travel costs     | 235.00          |
| Education course for trainers and teachers. | Personal travel costs     | 300.00          |
| Education course for trainers and teachers. | Personal travel costs     | 300.00          |
| Education course for trainers and teachers. | Personal travel costs     | 133.00          |
| Education course for trainers and teachers. | Personal travel costs     | 80.00           |
| <b>Total</b>                                |                           | <b>5,998.00</b> |